

ILYA KUPERSHTEIN
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Education

- 08/2009-07/2010 Hospital for Special Surgery
Weill Cornell Medical College
New York, New York
Spine/Scoliosis Surgery Fellowship
- 07/2004-06/2009 University of Medicine and Dentistry of New Jersey
Newark, NJ
Orthopedic Residency
- 08/2000-05/2004 Louisiana State University School of Medicine
New Orleans, Louisiana
MD, 05/2004
- 08/1997-05/2000 University of New Orleans
New Orleans, Louisiana
Bachelor of Science in Computer Science - 05/2000
Bachelor of Science in Mathematics - 05/2000

Experience

- 08/2010-11/2020 Summit Medical Group - Berkeley Heights, New Jersey
Orthopedic Spine Surgeon
- 12/2020-Present New Jersey Spine Specialists – Summit, New Jersey
Spine Surgery

Publications

- 2013 Parikh, Gunja, MD, Neil Horner, MD, Ilya Kupershtein, MD, Redentor Mendiola, Jr., MD, and Adam Kerestes. "Case in Point Editorial Board." ACR Case in Point Thursday, June 20, 2013. American College of Radiology, 30 June 2013. Web.

- 2009 Kupershtein, I., Vives, M.; Spinal Cord Medicine, 2nd edition. Book. Chapter: Spinal Infections. Editors: Steven Kirshblum and Denise Campagnolo; publisher: Lippincott/Williams & Wilkins in Philadelphia, in press.
- 2004 LSUHSC-New Orleans, Bioengineering Laboratory. P.Sbriccoli, MD, PhD, K. Yousuf, BSc, I.Kupershtein, BDC, M.Solomonow, PhD, MD. "Static Load Repetition is a Risk Factor in the Development of Lumbar Cumulative Musculoskeletal Disorder", Spine Dec. 2004, Val 29, Issue 23.

Presentations

- 10/03/2010 Maintaining a Healthy Back
- 06/02/2011 Maintaining a Healthy Back
- 10/02/2011 Disc Herniation's and Treatment Options
- 09/30/2012 Back Pain and Lumbar Disc Herniation's
- 03/06/2013 Disc Herniation's

Research

- 08/2009-07/2010 Hospital for Special Surgery
Mentor: F. Cammisa, F. Girardi, A. Hughes
Clinical and radiographic outcome from Extreme Lateral inter-body fusion (XLIF)
- 07/2005-06/2009 UMDNJ-Newark, Orthopaedic Department
Mentor: M. Vives, MD., J. Parson, PhD.
Reconstruction of the Thoracolumbar Spine after Corpectomy using a Porous Tantalum Intervertebral Implant.
- 12/2008-06/2009 UMDNJ-Newark Orthopedic Department
Mentor: M. Vives
Biomechanics of Unilateral Cervical Facet Fractures

Honors and Awards

- 1998 Helen Claire Kelly Mathematics Award - University of New Orleans
- 1999 National Dean's List - University of New Orleans
- 2000-2004 LSU School of Medicine Full Tuition Scholarships
- 2001 Guest Speaker. University of New Orleans Premedical Honor Society Induction Ceremony
- 2009 Orthopaedic Research and Education Foundation (OREF) Fellow Hospital for Special Surgery
- 2011-2021 Compassionate Doctor Recognition
- 2011-2021 Patients' Choice Award
- 2014 Top Doctor – State. New Jersey, Orthopaedic Surgeon
- 2014-2020 On-Time Doctor Award
- 2015-2020 Patient's Choice 5th Anniversary Award
- 2015-2020 Compassionate Doctor Award 5 year Honoree

Extracurricular and Volunteer Experience

- 2001 Day with the Docs – Instructor
- 2001-2004 Emergency Medicine Interest Group – Instructor
- 2001 Camp Tiger - LSU SOM – Counselor
- 1998-2000 University of New Orleans - Learning Center - Teacher Assistant
- 1999 Tulane University School of Medicine – Volunteer

1998-1999 Mathematics Club - University of New Orleans - President

Language Fluency

English (native) and Russian (fluent)

Memberships in Professional Organizations

Fellow of the American Academy of Orthopaedic Surgery

North American Spine Society

Medical Licensure and Accreditation

Board Certified: 07/24/2012 - 12/31/2022

New Jersey State Licensure: expires 6/31/2021

New York State Licensure: inactive

DEA Accreditation: expires 12/31/2023

BLS Certified: expires 03/2023